

What Comes Next After An Amputation?

How Do We Maintain Remission After The Ulcer Heals?

Ask your podiatrist about these 4 ways of taking care of your feet!

1. Wound Care Therapy



Proper wound care therapy is essential in preventing further infections, and that the wound heals in the shortest amount of time possible. Regular wound care therapy will be required every 3-4 days, depending on the severity of the wound and its condition.

2. Regular Footcare Surveillance



Once an ulcer heals, this does not mean that it's the end! Patients are still advised to have regular reviews for their feet every 3 months to ensure that they are kept in check, and that any potential foot problems will be picked up firsthand.

3. Therapeutic Footwear



Therapeutic footwear plays an integral role in preventing ulcer recurrence among patients. Post-amputations will cause changes to one's feet structure, and the pressure distribution of the feet is significantly altered. As such, this can result in the formation of calluses on other areas of the feet. After an ulcer is healed, it is also beneficial to wear customised insoles and therapeutic shoes to prevent ulcer recurrence.

4. Adapting to Normalcy and Maintaining Remission



Some patients can experience the physical and psycho-social impacts of post-amputation and diabetic foot ulceration. Some adjustments to one's lifestyle might be required, but patients can rest assured that our staff will be here to support you in every step of the way.

With good self-care, your feet can go a long way!

Scan the QR code for more information:



NTFGH Podiatry